



**PURE EAST
NEW YORK**

203 E. 86th St. at 3rd Ave New York NY 10028

MANAGING TEACHER: Danielle Dugan
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SCHEDULE EFFECTIVE: Nov 13, 2017 - Nov 19, 2017

Entrance to class 5 minutes after start time is not permitted. For safety purposes, we don't allow late entry to any premium classes. Please keep our studios clutter free by leaving personal objects and phones in the locker rooms. Namaste!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 - 8:00 Figure 4 Barre (Open) Nina Marchione	6:45 - 7:45 Figure 4 Barre (Open) Christina Ilisije	7:00 - 7:45 Figure 4 Forty-Five (Open) Ami Coyle	6:45 - 7:45 Figure 4 Barre (Open) Lindsey Miller	7:00 - 7:45 Figure 4 Forty-Five (Open) Elizabeth Sousek	8:00 - 9:00 Figure 4 Barre (Open) Carolina Rivera	8:30 - 9:30 Figure 4 Barre (Open) Lindsey Miller
8:30 - 9:30 Figure 4 Strength (2/3) Nina Marchione	8:30 - 9:30 Figure 4 Fierce Dance Cardio (2/3) Christina Ilisije	7:45 - 8:15 Figure 4 Stretch (Open) Ami Coyle	8:30 - 9:30 Figure 4 Fit (2/3) Lindsey Miller	7:45 - 8:15 Figure 4 Stretch (Open) Elizabeth Sousek	9:15 - 10:15 Figure 4 Barre (Open) Carolina Rivera	9:45 - 10:45 Figure 4 Barre (Open) Lindsey Miller
9:45 - 10:45 Figure 4 Barre (Open) Nina Marchione	9:45 - 10:45 Figure 4 Fit (2/3) Christina Ilisije	8:30 - 9:30 Figure 4 Fit (2/3) Ami Coyle	9:45 - 10:45 Figure 4 Barre (Open) Lindsey Miller	8:30 - 9:30 Figure 4 Barre (Open) Elizabeth Sousek	10:30 - 11:30 Figure 4 Barre (Open) Carolina Rivera	11:00 - 12:00 Figure 4 Barre (Open) Lindsey Miller
12:30 - 1:30 Figure 4 Barre (Open) Alison O'Connor		12:30 - 1:30 Figure 4 Barre (Open) Nina Marchione		12:30 - 1:30 Figure 4 Fierce Dance Cardio (2/3) Connie Sousek	12:00 - 1:00 Figure 4 Strength (2/3) Alison O'Connor	1:00 - 2:00 Pure Cross Training (PXT) Alison O'Connor
					1:15 - 2:15 Figure 4 Barre (Open) Alison O'Connor	3:00 - 4:00 Figure 4 Barre (Open) Erin Kernion
					4:15 - 5:15 Pure Cross Training (PXT) Cancelled Today	
6:00 - 7:00 Figure 4 Barre (Open) Connie Sousek	7:15 - 8:15 Figure 4 Barre (Open) Elizabeth Sousek	6:00 - 7:00 Figure 4 Barre (Open) Cancelled Today	6:00 - 7:00 Figure 4 Barre (Open) Carolina Rivera	6:00 - 6:45 Figure 4 Forty-Five (Open) Cancelled Today		
7:15 - 8:15 Figure 4 Barre (Open) Connie Sousek		6:00 - 6:45 Figure 4 Forty-Five (Open) Christina Ilisije	7:15 - 8:15 Figure 4 Barre (Open) Carolina Rivera			
		7:00 - 8:00 Pure Cross Training (PXT) Alison O'Connor				
		7:15 - 8:00 Figure 4 Forty-Five (Open) Cancelled Today				