



**PURE EAST
NEW YORK**

203 E. 86th St. at 3rd Ave New York NY 10028

MANAGING TEACHER: Danielle Dugan
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SCHEDULE EFFECTIVE: Sep 25, 2017 - Oct 1, 2017

Entrance to class 5 minutes after start time is not permitted. For safety purposes, we don't allow late entry to any premium classes. Please keep our studios clutter free by leaving personal objects and phones in the locker rooms. Namaste!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 - 8:00 Figure 4 Barre (Open) Nina Marchione	6:45 - 7:45 Figure 4 Barre (Open) Christina Ilisije	7:00 - 7:45 Figure 4 Forty-Five (Open) Ami Coyle	6:30 - 7:30 Pure Cross Training (PXT) Holly Corey	7:00 - 7:45 Figure 4 Forty-Five (Open) Connie Sousek	8:00 - 9:00 Figure 4 Barre (Open) Carolina Rivera	8:30 - 9:30 Figure 4 Barre (Open) Lindsey Miller
8:30 - 9:30 Figure 4 Strength (2/3) Nina Marchione	8:30 - 9:30 Figure 4 Fierce Dance Cardio (2/3) Christina Ilisije	7:45 - 8:15 Figure 4 Stretch (Open) Ami Coyle	6:45 - 7:45 Figure 4 Barre (Open) Lindsey Miller	7:45 - 8:15 Figure 4 Stretch (Open) Connie Sousek	9:15 - 10:15 Figure 4 Barre (Open) Carolina Rivera	9:45 - 10:45 Figure 4 Barre (Open) Lindsey Miller
9:45 - 10:45 Figure 4 Barre (Open) Nina Marchione	9:45 - 10:45 Figure 4 Fit (2/3) Christina Ilisije	8:30 - 9:30 Figure 4 Fit (2/3) Ami Coyle	8:30 - 9:30 Figure 4 Fit (2/3) Lindsey Miller	8:30 - 9:30 Figure 4 Barre (Open) Connie Sousek	10:30 - 11:30 Figure 4 Barre (Open) Carolina Rivera	11:00 - 12:00 Figure 4 Barre (Open) Lindsey Miller
12:30 - 1:30 Figure 4 Barre (Open) Alora-Rose Morgan		12:30 - 1:30 Figure 4 Barre (Open) Michelle Officer		12:30 - 1:30 Figure 4 Fierce Dance Cardio (2/3) Elizabeth Sousek	12:00 - 1:00 Figure 4 Strength (2/3) Elizabeth Sousek	1:00 - 2:00 Pure Cross Training (PXT) Alison O'Connor
6:00 - 7:00 Figure 4 Barre (Open) Elizabeth Sousek	7:15 - 8:15 Figure 4 Barre (Open) Ashley Munzek	6:00 - 7:00 Figure 4 Barre (Open) Christina Ilisije	6:00 - 7:00 Figure 4 Barre (Open) Connie Sousek	6:00-6:45 Figure 4 Forty-Five (Open) Cancelled Today	1:15 - 2:15 Figure 4 Barre (Open) Elizabeth Sousek	3:00 - 4:00 Figure 4 Barre (Open) Lindsey Miller
7:15 - 8:15 Figure 4 Barre (Open) Elizabeth Sousek		7:00 - 8:00 Pure Cross Training (PXT) Alison O'Connor	7:15 - 8:15 Figure 4 Barre (Open) Connie Sousek		4:15 - 5:15 Pure Cross Training (PXT) Holly Corey	
		7:15 - 8:00 Figure 4 Forty-Five (Open) Christina Ilisije				